



*Cobb County...Expect the Best!*

# East Cobb Senior Center

## On Going Activities

**Seniors (55+) are welcome to participate in activities between 8:30am and 4:30pm**

### MONDAY THRU FRIDAY

8:30am-4:30pm	Open Billiards	Daily
8:00-8:30am	Indoor Walking	Daily
3:30-4:00pm	Indoor Walking	Daily
8:00am-1:00pm	Puzzles	Daily

### MONDAYS

9:00am-Noon	Tennis Mixer (Harrison Tennis Center.)	Weekly
10:30-11:00am	Senior Exercise	Weekly
10:00-11:00am	Catch'em Fishing Club	1st Mon
1:00-4:00pm	Intermediate Bridge I & II	Weekly
1:30-2:30pm	Guys & Dolls Choral Group	Weekly

### TUESDAYS

9:00am-1:00pm	AARP Driver Safety	4th Tue
9:30am-4:00pm	Pinochle	Weekly
9:30-10:30am	Line Dance Practice	Weekly
10:30-11:30am	Intermediate Line Dance	Weekly
11:45am-12:45pm	Focus on Fitness	Weekly
1:00-2:30pm	Advanced Line Dance	Weekly
12:30-4:00pm	Duplicate Bridge (Partner required)	Weekly
1:00-4:00pm	Rummikub	Weekly
3:00 - 4:30pm	Table Tennis	Weekly

### WEDNESDAY

9:00-11:00am	East Cobb "Classic Golf Club" Board Mtg.	3rd Wed
9:30am-Noon	N.A.R.F.E. (Business Meeting)	4th Wed
9:30am-Noon	American Mah Jongg	Weekly
10:30-11:30am	Senior Exercise	Weekly
1:00-3:00pm	Knitting	Weekly
1:00-4:00	Asian Mah Jongg	Weekly
1:00-4:00pm	Intermediate Bridge I & II	Weekly
2:00-3:00pm	Foxtrotters Club Meeting	3rd Wed

### THURSDAYS

8:45-9:30am	Golden Kiwanis Board Meeting	2nd Thus
9:00am-1:00pm	AARP Drive Safety	4th Thus
9:00am-3:00pm	Wood Carvers Club	Weekly
9:30am-Noon	Camera Club	1st Thus
10:00am-Noon	Camera Club Open Forum	3rd Thus
9:30am-3:00pm	Hand & Foot	Weekly
10:00am	Golden Kiwanis	Weekly
10:30am-Noon	Ideas & Issues Book Club	3rd Thus
9:30am-4:30pm	Pinochle	Weekly
1:00-4:00pm	Open -Games	Weekly
1:30-3:00pm	A.A.R.P. Chapter Meeting	1st Thus
2:00-4:00pm	Retired Military (no meeting June, July, August)	2nd Thus
3:30 - 4:30pm	Table Tennis	Weekly

### FRIDAY

9:30am-4:00pm	Pinochle	Weekly
9:30-10:30am	Line Dance Practice	Weekly
10:00am-2:00pm	Advanced Bridge	Weekly
10:30-11:30am	Intermediate Line Dance	Weekly
11:45am-12:45pm	Focus on Fitness	Weekly
1:00-2:30pm	Advanced Line Dance	Weekly
1:00-4:00	Asian Mah Jongg	Weekly
7:30-10:30pm	Foxtrotters Dance (3 <sup>rd</sup> in Nov. & Dec.)	4th Fri